

We hope you enjoy your new, beautiful pierced ears!

Pierced ears do require daily after care to keep them clean and free from infection. We have provided a copy of aftercare procedures for your newly pierced ears, as well as ear care antiseptic and after care information.

Here are points of caution to keep in mind:

- ❖ Keep hair, hair spray, soap, shampoo and other hair products, cosmetics, perfumes or similar types of products away from your newly pierced ears.
- ❖ After shampooing, exercising, swimming, hot tubs, saunas, or use of any of the above products, cleanse the ears with your ear care antiseptic.
- ❖ Take extra care when putting on or removing clothing, brushing hair, sleeping, talking on the telephone, or wearing headphones/headsets so that the newly pierced ears do not get irritated.
- ❖ Pain, redness, or swelling that exists for more than 24 hours after a piercing is NOT a normal result of ear piercing. Persistent or reoccurrent redness or swelling may indicate that your body may not tolerate a foreign object in the skin. Please consult your physician.

Special after care advice to avoid embedded ear piercings:

- ❖ Ear piercing earrings that are too tight can cause embeddings and infection.
- ❖ An embedded piercing looks like the earring is beginning to disappear into the ear and the surrounding area is swollen and red.
- ❖ Always ensure that the back is correctly situated along the post of the earring at the safety notch. The back of the earring should never be pushed along the post causing the lobe to be squeezed between the front and back of the earring.
- ❖ Each time you cleanse the ear piercing area, check for any signs of embedding, swelling, infection, discharge, or redness. Should any of these conditions appear, immediately consult your physician.

Awareness of these points of caution and special after care advice will help promote a healthy and successful healing process for your child's newly pierced ears!

Ear Piercing Aftercare

- **Do not touch your ear lobes for the first 48 hours**
- Cleanliness is essential. Always wash your hands thoroughly before cleaning your earlobes and studs.
- After the first 48 hours, you may gently clean around earlobes with a Q-tip, medical swab, or cotton wool soaked in sterilizing solution. This should be done on a daily basis.
(*Ear Care Antiseptic has been provided for you in your aftercare bag*)

**Before using the Ear Care Antiseptic, test on a small skin patch first to make sure you are not allergic to the solution.*

- While cleaning your earlobes, gently rotate the tip of the stud. Try to avoid touching them at any other time.
- Keep hair away from your earlobes as much as possible for the first few days.
- Avoid clothing or accessories which may catch and pull the studs.
- Avoid contact with skin irritants such as hairspray, gels mousse, chlorine, etc.
- Avoid antibiotic creams and lotions on the earlobes unless instructed by your physician.
- **Leave original piercing studs in place for a minimum of 6 weeks.**

Long Term Aftercare

- After the initial 6 week period, you may remove the piercing stud and replace them with other good quality jewelry.
If you do not wear studs/earrings continuously during the first 4-5 months, your earring holes may start to close up. Young skin in particular can heal very quickly.
- During the initial 4-5 month period try to avoid heavy costume jewelry or clip on studs/earrings as these can easily stretch or irritate the healing, delicate tissue.
- For general protection and hygiene purposes it is advisable to occasionally clean your earlobes and earrings with alcohol swabs. Any new jewelry should be soaked in a sterilizing solution before inserting into the ear.

If your newly pierced ears give you any cause for concern, please do not hesitate to contact our office at (352) 369-8700.